



AVON WESLEYAN CHURCH

 	
 	

S.O.A.P. JOURNALING

What is S.O.A.P. Journaling?

A S.O.A.P. journal is designed as a guide to walk you through God's Word in a way that brings you to a deeper understanding of the gospel. Each day you will have space to read scripture, make observations, look for the application, and take time to pray. By using the S.O.A.P. method, you will be equipped to get more out of scripture than simply reading.

- S Scripture Open your Bible to your reading for the day. Take time reading and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day, and write it in your journal.
- O Observation What struck you and caught your attention in what you read? What do you think God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Paraphrase and write this scripture down in your own words.
- A Application Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, a new promise, or correction for a particular area of your life. Write how this scripture can apply to you today.
- P Prayer This can be as simple as asking God to help you use this scripture, or even a prayer for a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say! Now, write it out.

Acts 27.1 - 28.10

THURSDAY

C. Corinturo
S - Scripture
O - Observation
A - Application
P - Prayer



Acts 25.1-22

TUESDAY

Acts 2.1-13

TUESDAY

S - Scripture	S - Scripture
O - Observation	O - Observation
A Application	
A - Application	A - Application
P - Prayer	P - Prayer

SUNDAY

Acts 2.42-47

THURSDAY

 S - Scripture
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 _ O - Observation
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A - Application
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 P - Prayer



Acts 4.1-22

MONDAY

 S - Scripture
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O Observation
 O - Observation
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 A - Application
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Acts 21.37 - 23.11

Acts 4.32 - 5.11

THURSDAY

WEDNESDAY

S - Scripture	S - Scripture
O - Observation	O - Observation
	O Observation
A - Application	A - Application
P - Prayer	P - Prayer

Acts 20.1-38

TUESDAY

Acts 6.1-15

FRIDAY

S - Scripture		S - Scripture
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O - Observation		
O - Observation		O - Observation
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A - Application	•	A - Application
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P - Prayer		P - Prayer

SUNDAY

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Acts 7.1 - 8.1

MONDAY

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Acts 18.1-28

THURSDAY

Acts 8.26-40

WEDNESDAY

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S - Scripture		S - Scripture
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O - Observation	-	
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A - Application	-	A - Application
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P - Prayer		P - Prayer

Acts 17.1-15

TUESDAY

Acts 9.20-31

FRIDAY

S - Scripture	S - Scripture
O - Observation	O - Observation
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A - Application	A - Application
P - Prayer	P - Prayer

SUNDAY

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Acts 9.32-43

MONDAY

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	P - Prayer

Acts 15.22-35

THURSDAY

Acts 11.1-30

WEDNESDAY

S - Scripture	S - Scripture
O - Observation	O - Observation
A - Application	A - Application
	T.P.
P - Prayer	P - Prayer

Acts 14.1-28

Acts 12.25 - 13.12

TUESDAY

S - Scripture	•	S - Scripture
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O - Observation	•	O - Observation
A - Application		A - Application
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P - Prayer		P - Prayer

SUNDAY

	
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